



Public Health
England



Protecting and improving the nation's health

Learning Disabilities: The Health Charter for Social Care Providers

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Webinar ground rules

- The host will introduce presenters
- Please mute your microphone throughout the webinar
- Email questions to LDT@phe.gov.uk
- The host will select questions to ask the presenters during the questions sessions
- If we are unable to answer all of your questions we will respond after the webinar
- Slides are presented as overview, not in depth explanation. For more information go to <https://tinyurl.com/ihalarchive>



Outline

This webinar will cover:

- Why this is a public health issue
- The background to The Charter and how it was developed
- What The Charter consists of
- Updating The Charter to include STOMP (stopping over-medication of people with learning disabilities)
- What we know about how The Charter has been used
- A case study from Durham
- Tips for commissioners and others implementing The Charter
- Actions and questions



The public health context

- People with learning disabilities continue to die younger than the general population and experience significant health inequalities
- Many of these deaths are preventable
- Public Health England (PHE) has both a statutory duty and a remit set out by the government to work towards reducing health inequalities
- PHE has a dedicated learning disability observatory
- PHE has a learning disability lead nurse within its Chief Nurse Directorate providing professional advice across PHE and the health and care system
- Work is also undertaken across PHE programmes to try to reduce the inequalities experienced by this group, such as in screening programmes
- PHE has committed to take specific actions as part of its Equality Objectives

PHE's learning disability equality objectives

- Routinely produce and evaluate information on aspects of health and care for people with learning disabilities in forms appropriate for health and social care professionals, family carers and people with learning disabilities. This will be provided in booklets, web pages, webinars, face to face events and videos
- Continue to collect and report place-based data and information relating to health and the wider determinants of health of people with a learning disability to support local planning
- Continue to work to improve the availability and reporting of data relating to the health and healthcare of people with a learning disability



Why we developed The Charter

Research shows that:

- Over 80% of adults with learning disabilities do less exercise than DoH recommended level
- Less than 10% of adults in supported accommodation eat a balanced diet
- People with learning disabilities are much more likely to be obese or underweight than the general population

The Confidential Inquiry into Premature Deaths of People with Learning Disabilities found on average men die 13 years earlier and women 20 years earlier than the general population. 42% of the deaths considered were premature.

Why we developed The Charter

People with learning disabilities experience significant health inequalities, and if they live in social care provision are often reliant on support staff to:

- Get to routine health appointments
- Maintain a healthy lifestyle
- Identify potential health problems and take action

So – social care providers have a very important role

It is particularly effective when we work in partnership

The message is ‘Health is everyone’s responsibility’



How we developed The Charter

We worked with:

- the Voluntary Organisations Disability Group (VODG) and member organisations
- people with learning disabilities and families
- the team from the Confidential Inquiry

We used case studies from all of the above

We kept the documents short with links to useful resources

VODG agreed to develop a sign-up page on their website

The Charter was launched at two events

Charter documents

The Charter

Associated guidance

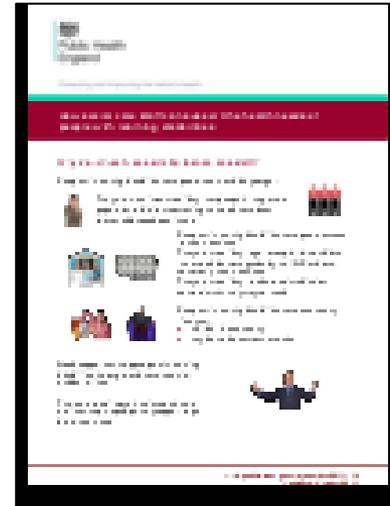
Self-assessment form

Accompanying information sheets

All available from:

<https://www.gov.uk/government/publications/improving-healthcare-access-for-people-with-learning-disabilities>

Sign-up to The Charter: <https://www.vodg.org.uk/campaigns/learning-disability-providers-challenged-to-tackle-health-inequalities/>



What The Charter covers

The Mental Capacity Act

Working with families

Training

Use of accessible information

Support to attend health appointments

Promoting access to screening tests

STOMP (covered in next slide)

Administration of medicine

Support to access annual health checks

Health Action Plans and Hospital Passports

Health care co-ordination



Updating The Charter



Stopping over-medication of people
with a learning disability, autism or both

It is estimated that on an average day in England between 30,000 and 35,000 people with a learning disability, autism or both are taking prescribed psychotropic medication without appropriate clinical justification.

STOMP is a health campaign to stop the over-use of psychotropic medication to manage people's behaviour.

VODG, NHS England and sector stakeholders developed the STOMP pledge for social care.

The Health Charter now includes reference to STOMP and says that the actions set out in the Stopping Over-Medication of People with a Learning Disability, Autism or Both (STOMP) pledge for social care should be followed.



How has The Charter been used

We asked organisations who were using The Charter to tell us what they were doing.

We wrote a report about what they said:

- Signing up to The Charter demonstrates a commitment to reducing health inequalities
- It helps staff teams identify priorities to work on, and helps identify workforce priorities
- It helps social care providers improve services and get better outcomes
- It improves partnership working

Durham case study

‘We’re all in it together’ event to encourage sign up to The Charter

Event includes practical resources

A call to action to sign-up to The Charter and agree 3 priorities

Additional training and awareness raising

Signposting to additional support

Durham also wrote The Charter into their contracts with providers

“Implementation of the charter has also enabled commissioners to identify gaps in health services and prioritise resources. It has helped target those providers who most require support, particularly organisations supporting people with complex health needs.”



Top tips for commissioners

These were developed following a workshop about the health charter in practice:

Understand the health inequalities experienced by people with learning disabilities locally, and ensure this information, along with plans to address health inequalities, are written into plans including Joint Strategic Needs Assessments (JSNAs).

Identify which providers are signed up to the Health Charter locally and share this information.

Plan an event for senior managers in provider organisations, telling them about The Charter and why they should sign up. Do this in partnership with local health facilitators or others with a similar role, families and people with learning disabilities.



Top tips for commissioners

Check what support providers need to implement the charter, and provide it

Suggest providers embed the charter into their local strategies – can help provide evidence of good practice to the CQC

Write the charter into local contractual agreements with providers

Raise awareness of the charter with mainstream health commissioners

Provide opportunities to share good practice and keep The Charter 'alive

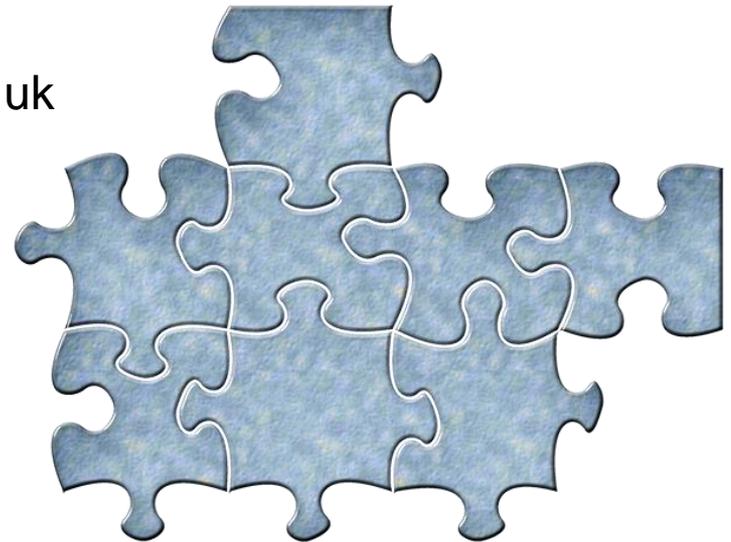
Consider other initiatives the Health Charter can contribute to such as the joint Health and Social Care Learning Disability Self-Assessment Framework (SAF)

Check whether implementing the charter has reduced health inequalities



Action to reduce health inequalities

- We need to get these health messages to social care providers and workers who support people with a learning disability
- We need to work in partnership
- Commissioners are key to making sure health is everyone's business
- The public health network and its stakeholders has a role to play in delivering this message
- What can you do? Email LDT@phe.gov.uk



Questions



Thank you!



Archived website: <https://tinyurl.com/ihalarchive>

Community of interest Knowledge Hub group –
email LDT@phe.gov.uk for an invitation to join



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