



## Participant Recruitment Advert

**Study Name:** Living the Good Life with a physical/sensory impairment.

**Description:** There is limited understanding on what a 'Good Life' is with an impairment (Wehmeyer, 2015), and this could be due to the fact that psychology understudies impaired populations (Prilleltensky, 2009). This gap in knowledge can affect good practice in essential services like health and social care (Skillsforcare.org., 2022), which can negatively impact the quality of life of impaired people (Riley & Sparkes, 2022). This study will aim to understand the perspectives of physically or sensory impaired adults on the subject of living a 'Good Life'. The study will explore (1) what the 'Good Life' is with a physical/sensory impairment, (2) and what are the barriers and enablers to living a 'Good Life' with a physical/sensory impairment. The study will involve one, one-to-one semi-structured interview which will be held online via MS Teams. Participants will have the option to book the interview any time between Thu-Sun from 9AM-5PM. Interviews will last between 60 to 90 minutes, and participants can choose to split this duration between days. Interviews will be audio recorded. Participants will be asked questions around their intimate relationships, social identities, adversities, and triumphs, as well as their ambitions in life. This is to inform what a 'Good Life' looks like from a physically/sensory impaired perspective.

Example question: "Is having friends and sexual partners important to you living a 'Good Life'?"

Participants will also be asked questions about their experiences of health and social care, and the resources they need to remove barriers to participating in society, as research suggests that access to society improves the chances of an individual achieving the 'Good Life' (Wehmeyer, 2015; Reveal Reality, 2021; Riley & Sparkes, 2022).

Example question: "Is knowing your entitlements important to you living a Good Life?"

**Eligibility:** Physically and/or sensory impaired adult (18+ age), living in the UK, do not have an intellectual impairment, understands written and/or spoken English.

**Duration:** Between 60 to 90 minutes.

**Remittance:** Each participant will be given a £15 Amazon voucher to show appreciation for participating in this study.

**Researcher:** Gamuchirai Karen Mutsatsa: email: gkm108@pgr.aru.ac.uk

**The study has received ethics approval by the School of Psychology and Sport Science Research Ethics Panel (SREP) and ratified by the Faculty Research Ethics Panel under the terms of Anglia Ruskin University's Research Ethics Policy and the Code of Practice for Applying for Ethical Approval at Anglia Ruskin University.**



## References

Prilleltensky, O. (2009). Critical psychology and disability studies: Critiquing the mainstream, critiquing the critique. *Critical Psychology: An Introduction*, 250–266.

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Riley, E., & Sparkes, I. (2022, February 10). *Outcomes for disabled people in the UK: 2021*. Outcomes for disabled people in the UK - Office for National Statistics. Retrieved May 5, 2023, from <https://www.ons.gov.uk/peoplepopulationandcommunity/healthandsocialcare/disability/articles/outcomesfordisabledpeopleintheuk/2021>

Skillsforcare.org. (2022). The state of the adult social care sector and workforce in England. Retrieved May 5, 2023, from <https://www.skillsforcare.org.uk/Adult-Social-Care-Workforce-Data/Workforce-intelligence/publications/national-information/The-state-of-the-adult-social-care-sector-and-workforce-in-England.aspx>

Wehmeyer, M. L. (2015). *The Oxford Handbook of Positive Psychology and Disability*. Oxford University Press.